Patient Information

Your patch test result indicates that you have a contact allergy to 4-(4-hydroxy-4-methyl pentyl)-3-cyclohexene-1-carboxaldehyde (Lyral). This contact allergy may cause your skin to react when it is exposed to this substance although it may take several days for the symptoms to appear. Typical symptoms include redness, swelling, itching, and fluid-filled blisters.

Where is 4-(4-hydroxy-4-methyl pentyl)-3-cyclohexene-1-carboxaldehyde (Lyral) found?

Lyral is a fragrance found in cosmetics, soaps, shampoos, deodorants, and cleaners.

How can you avoid contact with 4-(4-hydroxy-4-methyl pentyl)-3-cyclohexene-1-carboxaldehyde (Lyral)?

Avoid products that list any of the following names in the ingredients:

- 4-(4-Hydroxy-4-methylpentyl)-3-cyclohexene-1-carboxaldehyde
- BRN 2046455
- EINECS 250-863-4
- Lyral

What are some products that may contain 4-(4-hydroxy-4-methyl pentyl)-3-cyclohexene-1-carboxaldehyde (Lyral)?

- Cleaners
- Deodorants
- Detergents
- Fabric Softeners
- Lotions
- Shampoos
- Soaps
*For additional information about products that might contain 4-(4-hydroxy-4-methyl penty1)-3-cyclohexene-1-carboxaldehyde (Lyral), go to the Household Product Database online (http://householdproducts.nlm.nih.gov) at the United States National Library of Medicine. These lists are brief and provide just a few examples. They are not comprehensive. Product formulations also change frequently. Read product labels carefully and talk to your doctor if you have any questions. These are general guidelines. Talk to your doctor for more specific instructions.